



Ph: 518-483-7403 Fax: 518-483-6214 <http://franklin.cce.cornell.edu>

April 2021

Cattle Camp Updates

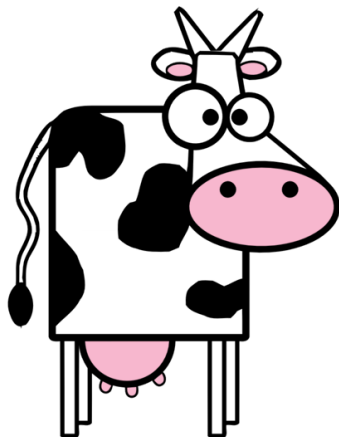
Plans are happening for our 2021 Cattle Camp. Dairy Camp will be held on June 12th and Beef Camp will be on June 13th at the Franklin County Fairgrounds, Malone NY.

Classes being offered:

Udder Clipping and Fitting a Milk Cow
Toplines and Bellies in Calves and Heifers
Showmanship Demonstration for Youth
CART—Emergency Response
Skillathon

There will be no cost to attend the camps

Register by June 8th by calling 518-483-7403 or emailing Liz at eat93@cornell.edu



Inside this issue:

Cattle Camp Updates	1
Staffing Updates	2
4-H Horse Camp	3
4-H Small Ruminant Camp	4
Career Explorations Conference	5
The Winged Eagles	6
Misc. Updates	7
Articles	8
The Chateaugay Adventurers	9
Camp Overlook	10
Camp Akalaka	11

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CCE 4-H Staff Updates

Farewell to Abby Langdon



After 7 fun, wonderful, and productive years with the 4-H program of Cornell Cooperative Extension Franklin, we are saddened to announce the departure of one of our staff members, Abby Langdon. Over her tenure with our 4-H program she has developed and oversaw 4-H's After School programs in several school districts, managed our mentoring program, as well as run Camp Akalaka, our day camp collaboration with the YMCA.



Abby started with CCE Franklin as a college intern in 2014, and was hired soon after full time to help with a variety of our 4-H and nutrition programming. We will miss Abby's enthusiasm, humor, and dedication to provide positive youth development to all youth in Franklin County. We are happy to announce that Abby will continue to work and structure 4-H programming with Cornell Cooperative Extension of Columbia -Green. Join us on congratulating Abby in this positive career move and wish her all the luck in the future!

Ag PAC

My name is Allycia Foote. I am a District Technician with Franklin County Soil and Water, I am also in charge of our Agriculture program (AEM); I'm starting my 4th year with the District. I grew up in Steuben County, NY which is right on the Pennsylvania border. I worked on my uncle's beef operation my entire childhood and was big into 4-H and FFA. I raised and showed pigs and a dairy heifer at my county fair. While in FFA in high school I received my Empire Degree, and a few years later received my American Degree at the National FFA Convention in Louisville, Kentucky. I currently live in Canton, NY on an old farmstead; my husband and I are in the process of starting our own small diversified farm this year and are very excited to see where things will go from here.

Welcome Back 4-H Horse "Camp"

Welcome Back!

FREE Horse "Camp" will be a little different but packed with instruction and fun! Did I mention...Free to enrolled 4H Horse Project Members with or without a horse??

May 23, 9:00 am, Franklin County Fairgrounds, Malone
May 30, 9:00am, Franklin County Fairgrounds, Malone

3 Riding Rings, horsemanship, equitation, trail, ranch riding, mini horse, jumping, and more! Leadline-Walk/Trot with great volunteer instructors! Instruction with guest clinician for w/t/BC - Advanced. Food available, breakfast and lunch from Tammy's Lunch Box. Tack and clothing swap/sale-bring your own table and tag your "cleaned out the barn and closet" horse items! If there is enough interest for new members or members who do not have a horse, we will do "Pony Ride Lessons". **Helmets and boots required.**

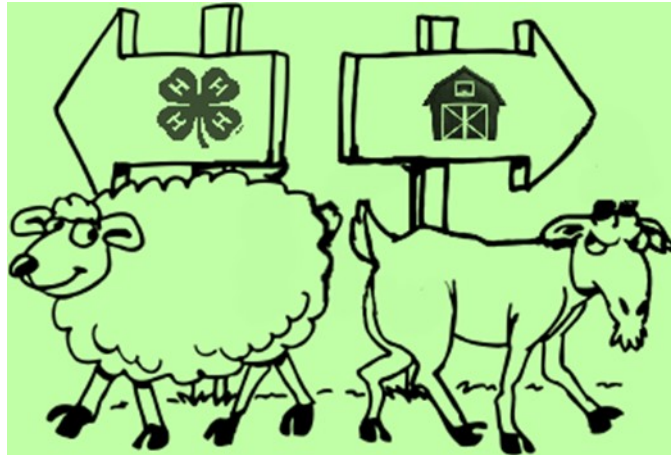
Pre-registration required. Email current, 2020-2021, Coggin's and rabies (within 365 days) certificates to pab21@cornell.edu. For more info, go to form link or contact Pat Banker, 518-327-3457.

Registrations for May 23 are due by May 17
Registrations for May 30 are due by May 24

May 23- Michael Dunn
May 30-Scott Loomis
<https://forms.gle/qHvuntLrxrfk9wx87>
Form Link. Register by May10, 2021



4-H Small Ruminant Family Camp



Smile - We are both going to 4-H Camp Overlook with our families!

Supper Opportunity!! FREE at 4-H Camp Overlook!

Open to Franklin County 4H Youth enrolled in a small ruminant project-goat, sheep, alpaca.

If you aren't sure, contact the 4H office, 518-483-7403.

Registration forms are available to download here: <http://franklin.cce.cornell.edu/4-h-youth>

Arrive after noon on Friday, June 11, with your family at 4H Camp Overlook. All family units will have their own cabin! Yes, you may come for only Saturday, June 12, but who doesn't love camping?

Portable panels will be available for sheep/goats. If you have your own, bring them please. Bring your own feed, bedding, buckets, first aid, show leads, etc. for your animals.

Clipping/hoof trimming, health care, showmanship, pack/obstacle, parasites, show prep, feeding, first aid, housing, and more! *The McElwains will be doing an Alpaca program on a separate date.

*Bring your own bedding/sleeping bag/pillow, toiletries, shoes without open toes (no sandals, flip flops around animals), and weather suitable clothing.

*Each cabin has its own fire pit, firewood, and grate for cooking if you wish to bring something for dinner Friday evening. The campfire pit will be available for s'mores and traditional camp fun!

*Insect repellent and sun screen

*Breakfast will be supplied- Pat has volunteered to cook.

*Lunch plans TBA

*For Animals: Bring portable panels if you have some, bedding, water and feed buckets, feed, hay, leads, showmanship equipment, first aid supplies for your animal, etc.

Registration due by June 4th, 2021. Questions? Suggestions? Contact Pat or Liz at 518-483-7403

Franklin County Fair News!

The Franklin County Fair is in full planning mode! Mark your calendars for the following Youth 4-H show days and times. Times may be subject to change due to the number of entries.

Friday August 6th - Fair Opens

- o Colored breed cattle and Small Ruminants in place by 11 AM
- o Poultry show end of cattle barn at 3 PM

**Saturday August 7th-**

- o Colored breed cattle showmanship & Conformation 10AM

Sunday August 8th-

- o Youth 4-H Horses move in

**Monday August 9th**

- o Horse show outside ring, showmanship & Jr Sr classes 8 AM

Tuesday August 10th

- o Horse show Outside ring Cloverbud, WT, WTBC, and game classes 8AM
- o Beef Show inside ring 10AM
- o Sheep showmanship & Conformation 2 PM Sheep Barn Ring
- o Pig Evaluation (after sheep show)
- o Cattle released at 6PM

**Wednesday August 11th**

- o Holstein, R&W, Grade cattle move in by 3PM
- o Goat Showmanship & costume classes inside ring 1PM

**Thursday August 12th**

- o Goat Conformation classes inside ring 1 PM

Friday August 13th

- o Holstein, R&W, grade showmanship & Conformation 10AM

Saturday August 14th

- o Small Animal and pets evaluations Sheep show ring 11AM

Sunday August 15th

- o Goat Pack & Obstacle courses inside ring 1PM

All Exhibitors will be receiving free passes this year (yes even open), the passes do not include parking.

Youth building non-animal entries and exhibits will be evaluated on the 3rd and 4th at pre-scheduled times. If your club does not have individual club projects due to COVID restricting club meetings, please consider doing an educational display of some kind so we can still fill our building with cool, kid oriented displays.

CCE 4-H staff is greatly reduced in comparison to previous years so we will be asking for volunteers, teens, and families to help watch the building from 9Am-10PM. Please consider volunteering your time to help the 4H program. We are also looking for interactive social distanced activities for the building since we will not do the corn coral, legos, or sand table this year due to not being able to properly sanitize between each contact. This could include public presentations, cooking demos, art making demos, magic show, dance routine, etc. Please share any ideas or contacts that you think would be appropriate.

EXTRA! EXTRA! Clubs News!!

Due to covid, the Winged Eagles had a long quiet season but good news is we are back in business!

Beginning April 19th, we will have a reorganizing meeting so we can get back in the groove. All have applied for 4-H camp, members are so excited to be able to return. We have planned for the remainder of the season will be our annual community clean up and we are hoping to be able to return to our local nursing home as well. We will be donating stuffed animals to a couple of our local rescue squads, as when rescue has calls for children, a stuffed animal goes a long way in comforting them in their ride, and of course many out door events and arts and crafts. The hybrid meets aren't the same as in person.

Some pics include Making Christmas trees, snow shoeing at 4-h Camp, walking the wild lights at the wild center, food pantry drive, and eating smores in the snow. We hope that in person continues with no more set backs.



EXTRA! EXTRA! Clubs News!!

"Yard Squid"

Young Dandelion Crowns Tempura

Preparation: When the dandelion leaves are approximately 2-3 inches in length, dig the whole young dandelion plant. Cut the plant so the leaves are still attached to the crown or where the plant attaches to the root. Wash in cold water, pat dry on paper towel. *see photo

Ingredients:

½ C cornstarch
1/8-1/4 C flour (to make *thin* batter)
¼-1/2 tsp of baking soda
1 egg white slightly beaten
2/3 C cold water
Oil enough to depth of ½ inch in a frying
Prepared dandelion crowns "yard squid"

Directions:

Whisk ingredients together
Fold or dip yard squid in batter until coated
Drop in single layer into hot oil. Turn once with tongs or slotted spoon.
Fry until lightly golden and crisp.




Dandelion crown cut to make "Yard Squid"

Chateaugay Maple Leaf 4-H Club

Brayden Robidoux is incubating duck eggs and he is hoping they hatch on or around April 24th. He has 7 eggs he is hatching, Black Swedish, Ancona and Cayuga.



spark future possibilities

 NEW YORK STATE **CAREER EXPLORATIONS**

SAVE THE DATE

Thursday, June 17 4 - 6 PM: Opening Ceremony

June 18 - 30: Cornell Leaders and 4-H Alumni Connections. Virtual Social Activities. Specialist or Generalist Activities.
Engineering * Nanotechnology * Art * Human Development *
Fiber Science * Astronomy * Geospatial Science * Food Science *
Math * Information Sciences

Thursday, July 14 - 6 PM: Closing Ceremony

Open to youth ages 13 - 19. Youth can pick their own career exploration path (Generalize or Specialize), regardless of age. Registration is \$50 per youth (no cost to adults). Some scholarships available. Youth need to sign up with an adult mentor. Registration opens early April and closes mid-May.

Learn More: <http://bit.ly/CareerExInfo>

EXTRA! EXTRA! Clubs News!!

Free Range Shopping©

Pat Banker, Cornell Cooperative Extension Franklin Co.

In this time of social distancing and sometimes limited fresh produce in the grocery stores, there is an alternative, free means of supplementing any diet with delicious, free-range greens while enjoying the outdoors.

As soon as the grass starts to turn green, a common tooth-leaved “weed” starts to appear. *Taraxacum officinale*, the often-maligned common dandelion, is a powerhouse of vitamins and minerals. It is an excellent source of Folate, Magnesium, Phosphorus and Copper, and a very good source of Dietary Fiber, Vitamin A-112%, Vitamin C-32%, Vitamin E (Alpha Tocopherol), Vitamin K, Thiamin, Riboflavin, Vitamin B6, Calcium, Iron, Potassium and Manganese.

Many people try dandelion greens about the time the first flowers appear. By this time, the greens are very bitter. April to early May is the best time to utilize the greens of the dandelion. One of the favorite early season dandelion treats has been called “Yard Squid” because of the shape of the young plant used in the recipe. Delicious, crispy, and *not* bitter, this dish is kid and husband approved. Grab your hand gardening tools and go Free Range Shopping in your yard. Remember to gather any wild edible at least 50 feet from any roadway, where there has been no use of pesticides or herbicides, and away from polluted streams or ditches.



Wild Edible Identification Walks at the Paul Smiths VIC with Pat Banker

Learn to identify regional wild, and not so wild, edible plants, their culinary uses, and medicinal history.

Walks are on Wednesdays from June through August, 10 am to 12:00pm. Pre-registration is required with the VIC. <https://www.paulsmiths.edu/vic/visit/>

(Calendar will be updated soon) or contact Pat Banker, pab21@cornell.edu

All walks are handicap accessible. Participant numbers are limited according to current covid guidelines.

Workshops may be offered late summer. Watch the VIC and CCE Franklin website for more information.

4H Clubs and families may schedule a time and place for a private, no fee, Wild Identification Walk by contacting Pat Banker, pab21@cornell.edu

June 9, 16, 23 - July 7, 14, 21 - August 18, 25

Photo: Lunch is red clover bread with lambsquarters pesto, stinging nettle pasta, dandelion blossom tempura, burdock root fries, wild greens, and salad with violet, ramp, wild garlic, maple vinaigrette dressing. Soup is cream of common milkweed buds.

EXTRA! EXTRA! Clubs News!!

The Chateaugay Adventurers have been and will be doing lots of projects. January through February we worked toward getting our health and wellness pin. We had to fill out a binder or notebook throughout eight weeks. We learned fitness and nutrition and how to keep our health up. We recorded all of the fruits and vegetables we ate, all of the water we drank, all the sugar we drank, and our fitness activities. We answered questions about the challenges after we finished our fitness training. We learned that it is important to stay fit, eat healthy, drink lots of water, and we'll be happier.



In March we did the bunny service project for the Franklin County Office of the Aging. We received bags of wooden balls and pipe cleaners. We each had to make around 20 little bunnies. To make these bunnies you take two pipe cleaners, make them into a u and lock them together. Next you take the bigger wooden ball and slide it over the pipe cleaners. Then take the smaller wooden ball and put it on top of the big one. Then you take the pipe cleaner below the big wooden ball and tuck them back in to make little feet. Then you take the end above the small

wooden ball and tuck those back in to make ears. If you want you can draw little faces on them and paint the wooden balls. Also you can glue little pom-poms on the back for little tails. The Franklin County Office of the Aging handed the bunnies out to their home delivered meals recipients for Easter.



This April we are working on the finance and money unit. We received a packet full of different questions. The packet is called "Shopping Cents". We have to go to a store with our packet and answer all of the questions. Then we will get together and finish the assignments and work towards earning our money management pins.



In May we will be doing our annual Park and Village clean up. We clean up around Chateaugay and the Fireman's Memorial Park. We do this in hopes to keep our community clean. Half of our 4-h group stays at the Fireman's Memorial Park to rake and plant new flowers. We also put up solar lights and little American flags along the sides of the paths, mow the grass, pick up branches, and clean the bench off. While the one half does the park, the other half goes around and picks up the streets of Chateaugay. We collect all the garbage, sticks, and other stuff that shouldn't be there. At the end we all meet up at the Fireman's Memorial Park and see what we have accomplished for the village.

We hope our 4-H community is staying happy and safe.

Drew Crawford
Secretary of the Chateaugay Adventurers



Pictures are from Bunny service project and health and wellness winter project

4-H Camp Overlook News!



Our Scholarship deadline for 4-H Camp Overlook has been moved to May 1st!

If you know a Franklin or St. Lawrence County child who would benefit from attending 4-H Camp Overlook, please share!

Our Scholarship program was created to alleviate the financial hardships of attending camp.

Visit:
<https://4hcampoverlook.org/summer-camp/scholarships/>

Registration is open for Summer 2021!

Health and safety remain our top priority at 4-H Camp Overlook. We are taking extra precautions this year, including having a reduced number of campers per cabin.

Spots are filling up quickly and some weeks are almost full, so register soon!

You can register and learn more about our safety precautions at:

<https://4hcampoverlook.org/summer2021/online-camp-registration/>



Camp Akalaka News!



Open to children ages 5-12
Monday-Friday
8:00 am to 4:00 pm

\$145/ child per week (avg. \$29/day)
**financial assistance available*

REGISTER TODAY!

THEMED WEEKS

WEEK ONE SPIRIT WEEK 6/28 THROUGH 7/2
WEEK TWO UNDER THE SEA 7/5 THROUGH 7/9
WEEK THREE WILD, WILD WEST 7/12 THROUGH 7/16
WEEK FOUR VIKING WEEK 7/19 THROUGH 7/23
WEEK FIVE DOWN BY THE FARM 7/26 THROUGH 7/30
WEEK SIX OLYMPICS WEEK 8/2 THROUGH 8/6
WEEK SEVEN CARNIVAL WEEK 8/9 THROUGH 8/13
WEEK EIGHT SUPER HERO TRAINING ACADEMY 8/16 THROUGH 8/20

Camp Akalaka is back for Summer 2021!

Registration is now OPEN!

Camp Akalaka is a certified day camp that will be offered from June 28th through August 20th. There is a different theme each week and is packed with camp favorites such as physical activity, arts & crafts, STEM/STEAM projects, cooking classes, educational activities, explorations, and adventure!

This year Camp will be held at the Malone Civic Center at 88 State Street, Malone, NY.

Financial assistance is available for those who qualify. Please contact Michelle Schumacher at mschumacher@maloneymca.org.

Register online at: <https://campakalaka.org/2020-registration/>

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The Emerald Gazette is
available online with
links to info:
franklin.cce.cornell.edu

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